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Have you missed an issue?

Catch up on past newsletters!



Dilworth Center Joins Forces With NAATP!

Congratulations to Dilworth Center's President and CEO Charles Odell who was recently selected to serve on the National Advisory Board of the National Association of Addiction Treatment Provider's (NAATP) Outcomes and Measures Program. The goal of NAATP is to help treatment centers across the country improve treatment operations and enhance outcomes.

"Dilworth Center is committed to implementing NAATP's Outcomes Measurement Toolkit (OMT) and its quality improvement strategy within our treatment programs" remarked Charles Odell. "We are also committed to helping other treatment centers do the same. I am grateful to receive an invitation to serve on NAATP's National Advisory Board because it produces the tools necessary to improve treatment operations based upon the OMT. This is an important opportunity for both Dilworth Center and the treatment industry as a whole."



(NAATP board members at the 2019 conference)

Treatment Works

...A Message from Dilworth Center's CEO and President, Charles Odell

I first heard that term many years ago from my old boss, Jim Emmert. Both Jim and I had been around the recovering community long enough to see thousands of people recover from alcoholism and drug addiction. Many got their start in treatment. Others joined AA or NA to begin their recovery. There are thousands of recovering people in our community with more coming in every day.

Unfortunately, the number of people with untreated substance use disorders are larger than ever as well. The opioid epidemic underscores the urgency to do all we can as treatment professionals to maximize treatment effectiveness. It's not enough anymore to know that treatment works. We need to know why and how treatment works, while recognizing that different approaches may be needed for different people.

The National Association of Addiction **Treatment Providers (NAATP) recently** published the Outcomes Measurement Toolkit (OMT). The OMT is more than just another way to determine treatment center success rates. It's a comprehensive quality improvement program.



By measuring patient's progress both during and following treatment, we can become better informed about what works best for specific populations. Treatment can then be immediately tailored to meet the differing needs of more diverse groups of people. The result is that more people will experience recovery. The more, the better!





I am proud to report that Dilworth Center is the first outpatient treatment program in the country to begin the implementation of NAATP's Outcomes Measurement Toolkit (OMT). We are thrilled to be included in the forefront of the national discussions about practical and effective ways of enhancing treatment quality. Also, we are excited to announce that Dilworth Center is the recipient of a \$150,000, multi-year grant from the Mecklenburg County ABC Board for the development of our outcomes measures program.

Treatment indeed works! Also, treatment services will continue to improve in effectiveness as time goes by, assuming we are willing to learn from our mistakes and improve upon what we already do so well. The trick is to remain teachable.

Now, where have I heard that before?

Dilworth Center Awarded 2 ABC Grants

Dilworth Center is pleased to announce it is the grateful recipient of two grants from the Mecklenburg County ABC Board's 2020 Community Health & Wellness Annual Grant Program. Dilworth Center received a grant in the amount of \$100,000 for its Enhanced Family Program and a \$150,000, multi-year grant for its "Outcomes Measurement Program".



Cynthia Sims Angie Leckie Director of Developement Controller **Dilworth Center** & Marketing **Dilworth Center**

Charles Odell CEO & President **Dilworth Center**

Julia Paul Tammy Hanson nunity Outreach Director Chief Operating Officer Mecklenburg County ABC Board **Dilworth Center**

The Mecklenburg County ABC Board awards annual grants through a highly competitive application and review process.

"We are thrilled to partner with the ABC Board to provide critical treatment services for the citizens of Mecklenburg County and surrounding North and South Carolina regions,"

> **Charles Odell** CEO of Dilworth Center

"Our board members are exceedingly proud of the Dilworth Center staff and leadership team. These grants will help combat the disease of addiction which continues to be an omnipresent crisis in our community."

> Martin Godwin **Dilworth Center Board Chair**

Congratulations to Tammy Hanson and Kelly Little! August 2019

Dilworth Center is thrilled to announce the promotion of Tammy Hanson, MSW, LCSW, MAC, LCAS, CCS, to Chief Operating Officer of Dilworth Center.



Tammy Hanson MSW, LCSW, MAC, LCAS, CCS

Chief Operating Officer

"Tammy not only brings a dedicated, intimate working knowledge of Dilworth Center to this positon, but also a forward thinking vision to lead Dilworth Center in our future endeavors."

> **Charles Odell** President & CEO

Tammy holds a Bachelor's degree in Psychology from the University of North Carolina at Charlotte, and a Master's of Social Work degree from the University of North Carolina at Chapel Hill. She began working at Dilworth Center 19 years ago. During her first 10 years, Tammy worked as a counselor in the adolescent and family programs. For the past nine years, she served as Director of Clinical Services, where she became highly skilled at cultivating and leading high-performance teams.

Tammy has continually demonstrated a proven history of improving operations throughout the entire Dilworth Center organization. Her competency, wisdom and loyalty to Dilworth Center have contributed to making her the ideal person for the COO position.

Please join us in recognizing the promotion of Kelly Little, LCAS, CCS-I, to Clinical Supervisor. Kelly holds a Bachelor's degree in Psychology from Elon University, and a Master's of Social Work degree from the University of North Carolina at Charlotte.



Kelly Little LCAS, CCS-I **Clinical Supervisor**

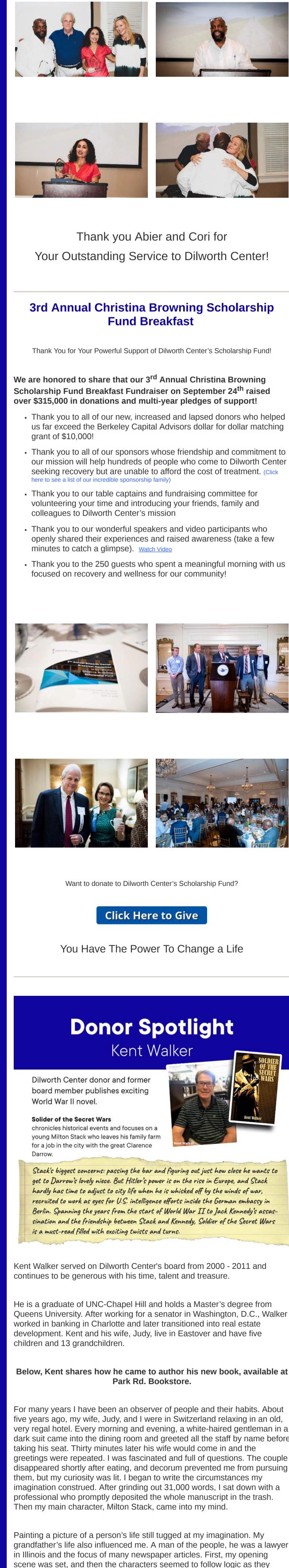
She has worked at Dilworth Center for the past six years as a primary adolescent counselor and brings passion, talent, expertise, leadership, and evidenced based treatment experience to our programs. We are excited to see Kelly thrive in this position. Please help us congratulate her on her promotion!

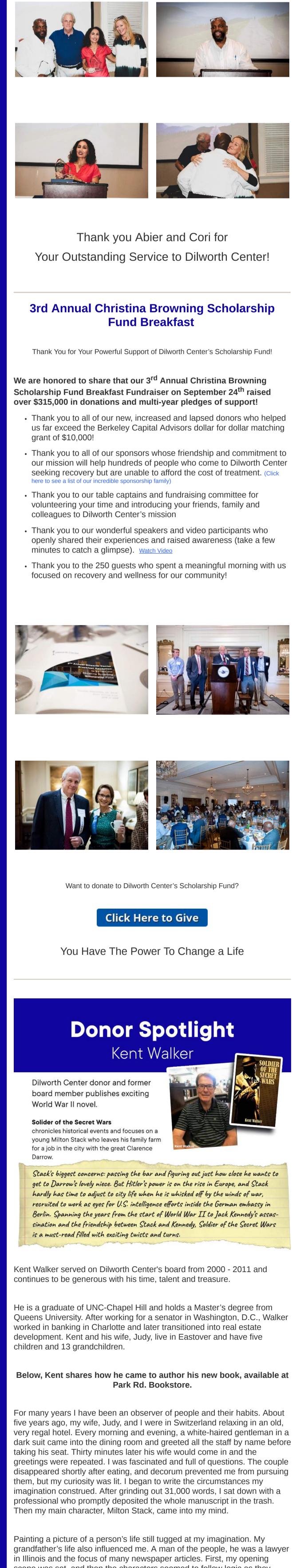
Cori Trotman and Abier Thornton's 20th Anniversary

August 1, 2019



On August 1st, Dilworth Center had the honor to celebrate two of it's long time "family members". Abier Thornton and Cori Trotman both celebrated their 20th year as counselors at Dilworth Center. We are so fortunate to have such talented professionals who have dedicated their lives to helping those struggling with substance use disorders.





figures and events help set the stage. Facts create a setting for a fictional story. For example, Churchill's role in the novel is fictional, but his perspective is based on fact. The full scope of the history of Europe in the 1930s through the assassination of Jack Kennedy is too much to squeeze into this story. What I hope happens is that the story is fun for the reader and might tickle one's curiosity to seek more knowledge on the time period. While no one could take on as many adventures as my protagonist, it makes for good fiction.

introduced themselves to me. While the story is completely fiction, historical



Designed for Alumni and current Dilworth Center patients to connect, Alumni Recovery Meetings (ARM) provides a place where collective identity and allegiance that comes from shared experience can thrive and those seeking or in recovery can find experience, strength and hope. ARM meetings are Twelve-Step oriented. Whether you are just beginning your journey or thriving in long-term recovery, we look forward to seeing you at an upcoming meeting.

Every Tuesday 8:00p.m.—9:00p.m. **Dilworth Center Auditorium**

BECAUSE RECOVERY IS BETTER TOGETHER



Designed for Young Alumni and current Dilworth Center patients to connect. Young Alumni Recovery Meeting (YARM) provides a place where the collective identity and allegiance that comes from shared experience can thrive and those seeking or in recovery can find experience strength and hope.

YARM meetings are Twelve-Step oriented. Whether you are just begining your journey or thriving in long-term recovery, we look forward to seeing you at an upcoming meeting

> **Every Thursday** 6:30p.m. - 7:30p.m. **Dilworth Center**

BECAUSE RECOVERY IS BETTER TOGETHER



to the

2019 DONOR & VOLUNTEER APPRECIATION RECEPTION Featuring the Dedication of the Saxon Boswell **Adolescent Treatment Program** WEDNESDAY, NOVEMBER 20, 2019 5:30 - 7:00 PM

> * a brief program & dedication ceremony will begin at 6 PM Dilworth Center's Gambrell Auditorium 2240 Park Road Charlotte, NC 28203 KINDLY RSVP BY NOVEMBER 6, 2019 то CYNTHIA@DILWORTHCENTER.ORG

> > (704) 372-6969

Please visit our website at www.dilworthcenter.org. Donate to our cause at bit.ly/DonateToDilworth